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Rebecca Harmer,
Academic Department,
Royal Society of Medicine,
1 Wimpole Street,
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Book online at: www.rsm.ac.uk/food

Email: food@rsm.ac.uk

Tel: +44 (0)207 290 3935

Fax: +44 (0) 20 7290 3935

Please return form by Tuesday 22 September 2009.

If you are not a Member of the RSM please tick here if you do not wish to receive future mailings from the Royal Society of Medicine.

Places are only guaranteed upon written confirmation. If, after sending us your payment you decide to cancel, you have 7 days in which to do so in writing, by fax or email and a full refund will be given. After this time refunds will incur a 15% administration charge. We regret no refunds will be given for cancellations received 4 days or less prior to the meeting. Substitutions may be made at any time without charge. Cheques must be in sterling drawn on a UK bank account. Acceptance is at the discretion of the event organiser. Registrations will not be accepted over the telephone. In the event that the RSM cancels the meeting, our liability will be limited to registration fees already paid to the Society for the meeting. Details correct at time of printing but may be subject to change.

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Delegate:
Finance: FH-J10-1/5969
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ORGANISED BY THE FOOD & HEALTH FORUM

Nutrition pre-pregnancy birth and beyond: Windows of opportunity

Thursday 1 October 2009 • CPD (applied for): 5 points

www.rsm.ac.uk/food



Nutrition pre-pregnancy birth and beyond: Windows of opportunity

Thursday 1 October 2009

Programme	
9.15 am	Registration, tea & coffee
Chair:	Dr Marilyn Glenville President of the Food & Health Forum, Royal Society of Medicine
9.45 am	Chair's welcome address
10.00 am	In-utero environment and offspring future health: prenatal maternal stress and maternal celiac disease as examples Dr Ali S Khashan Anu Research Centre, Cork University Maternity Hospital, Ireland
10.30 am	Vitamin D in pregnancy – implications for the mother and child Dr Elina Hypponen Reader in Epidemiology and Public Health, MRC Centre for the Epidemiology of Child Health, University College London Institute of Child Health
11.00 am	Coffee break
11.30 am	Caffeine and pregnancy outcome Professor Janet Cade Professor of Nutritional Epidemiology at the University of Leeds and Head of the Interdisciplinary Centre for Obesity, Nutrition and Health
12.00 pm	Fish and fish oil intake in pregnancy - short and long term consequences for health Dr Sjurdur Maternal Nutrition Group, Section of Epidemiology, Statens Serum Institute, Denmark
12.30 pm	Panel discussion
1.00 pm	Lunch
Chair:	Mr Anthony Mander Consultant Obstetrician and Gynaecologist, Highfield Hospital, BMI Healthcare, Rochdale
2.00 pm	Diet in diabetes complicating Pregnancy Dr Bob Fraser Centre for Pregnancy Nutrition, University of Sheffield
2.30 pm	Probiotics and dietary counselling contribute to glucose regulation during and after pregnancy K Laitinen Nutrition, Allergy, Mucosal Immunology and Intestinal Microbiota Group and Department of Biochemistry and Food Chemistry, University of Turku, Finland
3.00 pm	Coffee break
3.30 pm	Homocysteine and folic acid – implications for fertility, pregnancy and miscarriage Professor John Scott Trinity College, Dublin
4.00 pm	The diet, nutritional and health behaviours of women before and during pregnancy – implications for their children Professor Hazel Inskip Professor of statistical epidemiology and deputy director, MRC Epidemiology Resource Centre, University of Southampton
4.30 pm	Panel discussion
5.00 pm	Close of meeting

Application form

Please complete this form or register online:
www.rsm.ac.uk/food

Nutrition pre-pregnancy birth and beyond: Windows of opportunity	
Thursday 1 October 2009	
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Present appointment and institute*	<input type="text"/>
<small>*Please complete as you would like your details to appear on name badge, delegates list and attendance register</small>	
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